

NTC 2011-2012 Session I Competitive Training Notes

Session I

12 wks: 9/12 - 12/4

PLAY & DRILL SCHEDULE

High School:	Orange:	Sat 1-2:30, Th 4:30-6
	Blue:	Sat 1-2:30, Th 4:30-6
	Drk Blue:	Sun 12:30-2, Wed 4-5:30, Tu 4-5:30
	Green:	Wed. 4-5:30
Jr. High:	Orange:	Tu 4-5:30, Sun 2-3:30, Sat 11:30-1
	Blue:	Mon 4-5:30, Sat 11:30-1
	Drk Blue:	Mon 4-5:30, Th 4-5:30
	Green:	Th 4-5:30

Junior membership is required for enrollment in all Comp Training programs. The seasonal membership cost is \$80 which provides a 10% discount in our pro shop as well as the eligibility to book court time.

All Play and Drills are \$342, except Thursday which is \$313.50 as we are closed on Thanksgiving.

Signup is on June 30 for those Juniors with 1 or both parents who are '11-12 season adult members, otherwise July 1st.

Grips Testing:

All Summer, 2nd and 4th Fridays 10 to Noon, by appointment 355-5600 !

Match Strategy

6 Wks in the Fall Only

A specialized clinic will be offered for the first six weeks of the fall session in which a specific topic will be covered in the first hour and the last 1/2 will be implementation in charted match play. Players may choose singles or doubles strategies. 4:1 ratio

9/13—10/18

Tues. 4-5:30 pm

\$207

Registration for this class begins Sept 12 at 7:30 a.m. Eligibility: Junior High Dark Blue & up.

Attn: High School Girls

A special 6 week session is being offered timed to start after your fall H.S. season
Tuesdays 4-5:30 p.m.

Oct. 25th - Nov. 29th

Tues. 4-5:30pm

Cost \$171

We're on Facebook

We'll help keep you 'in the loop' with the latest information & opportunities available to comp training participants. Like us on Facebook today!

NTC Academy...Training for the Tournament Player

Tournament Training will be offered by invitation to junior high and high school players currently participating in USTA sanctioned tournament play. The group will focus on high-level, high-intensity drills and games to improve overall play and fitness. This program will include situational point play, player journaling, conditioning, and charted match play. Slackers not tolerated. Sundays Sept 18-Dec 4: H.S. 3:30-5:30, Jr High 5:30-7. Experience practice in a serious, college-team-like atmosphere!

Cost for Session I is \$456 for Sun 3:30 and \$342 for Sun 5:30

Session II:

14 Weeks

December 5 - April 1

H.S. Boys:

1215 - 2126 (10 Wks)

Session I



THE NAPERVILLE TENNIS CLUB

More Competitive Training Programs!

USTA TEAM TENNIS

This Fall NTC will be entering teams in the Jr. Team Tennis USTA program as well as hosting events. Each match consists of boys and girls singles, doubles, and mixed doubles.

Team matches include 1/2 hour of warm-up and 1 1/2 hours of match play. The total number games won determines the match winner.

Top teams will be invited to NIL District Championships with a chance to continue to Sectional championships.

Divisions: 18 & under (winter only), 14 & under and 12 & under.

To enroll, email us at info@napervilletennis.com and we will send you more information and a team identifier to use to register with USTA. USTA membership is required.

With NTC players striving for their best, our players can anticipate a season of accomplishment and fun!

USTA TEAM TENNIS DRILLS

NTC's Team Drill format is changing slightly to compliment the USTA Jr. Team competition.

FRI 6 to 7:30 p.m.
9/16 - 12/2 = \$288.00
12 & under
14 & under

SUN 5:30 to 7 p.m.
9/18 - 12/4 = \$288.00
18 & under

NTC Travel Team Drills will include singles as well as partner practice for doubles and mixed doubles to get that extra competitive edge.

These drills are absolutely essential to the success and cohesiveness of our travel teams.

Drill signup begins June 30 for Juniors with 1 or more parents a '11-12 member, otherwise July 1st.

Junior Singles Ladder

The high school ladder will be held between 4 and 6 on Friday afternoons. The session is from 9/16 - 12/2.

The cost for the 12 week 2 hour singles ladder is \$288

Grand Prix

Once again, NTC will join up with several area clubs to offer the popular Chicago Junior Grand Prix Singles League.

Look for an orange flyer with dates for the home tournaments as well as sign-up information or see www.jrgrandprix.com

If you a play sanctioned USTA or Grand Prix tournament; present the draw sheet for **credit for missed classes** due to time conflicts.

What's New?

Looking to play more tennis this summer?

NTC is sponsoring an online ladder for juniors. Register at www.napervilletennis.com and click the New Naperville Ladder. Challenges are made via email and players enter their results online.

3 Divisions each of boys' and girls' singles, doubles and mixed doubles with \$40 gift certificate awarded to the top player(s) in each division.

• 18 and under • 16 and under • 12 and under

Cost is \$10 for singles, \$15 / team for doubles payable via Paypal, which will be deducted from NTC winter session tuition to qualified players. To qualify for prizes and reimbursement you must play and record at least 4 matches by Labor Day.

Prizes will be awarded in each division!

NEW AUGUST SESSION

Burn off energy after school !



Introducing new 10 day after school drill for NTC Juniors

Mon, Aug. 22 through Fri, Sept. 2
4:30 - 6:00 p.m.

Advanced Intermediate: Gold Grips and
Comp Training Orange & up Grip Colors

Cost \$25 per day

Sign up now at NTC Front Desk!