



'10-11 Children's Lesson Schedule

Sprouts (Age 4-7)

<u>Day</u>	<u>Time</u>	<u>Age</u>
Tues.	10-10:30a.m	4-7
Tues.	5:30-6:00	4-7
Wed.	3:00-3:30	4-7
Thurs.	3:30-4:00	4-7
Thurs.	5:30-6:00	4-7

Advanced Sprouts (Age 6-8)

<u>Day</u>	<u>Time</u>	<u>Age</u>
Mon.	3:00-4:00	6-8
Mon.	5:30-6:30	6-8
Wed.	3:00-4:00	6-8
Thurs.	3:00-4:00	6-8
Thurs.	6:00-7:00	6-8

Beginner

<u>Day</u>	<u>Time</u>	<u>Age</u>
Mon.	3:00-4:00	6-8
Mon.	3:00-4:00	7-9
Mon.	5:00-6:00	6-8
Wed.	3:00-4:00	7-10
Wed.	5:30-6:30	8-10
Wed.	5:30-6:30	10-12
Sat.	4:30-5:30	11-14

Advanced Beginner

<u>Day</u>	<u>Time</u>	<u>Age</u>
Mon.	3:00-4:00	8-10
Mon.	4:00-5:00	7-9
Mon.	4:00-5:00	10-12
Wed.	3:00-4:00	7-10
Wed.	4:00-5:00	7-9
Thurs.	3:30-4:30	8-10
Thurs.	6:00-7:00	8-10
Fri.	4:30-5:30	9-12
Sat.	2:30-3:30	10-12
Sat.	3:30-4:30	9-11
Sat.	4:30-5:30	11-14
Sun.	7:00-8:30	10-14

Low Intermediate

<u>Day</u>	<u>Time</u>	<u>Age</u>
Mon.	3:00-4:00	8-10
Mon.	3:00-4:00	10-13
Mon.	4:00-5:00	9-12
Tues.	5:30-6:30	9-13
Tues.	5:30-6:30	14-16
Wed.	3:00-4:00	8-10
Wed.	3:00-4:00	10-12
Wed.	3:00-4:00	11-14
Wed.	4:00-5:00	9-11
Wed.	4:00-5:00	10-12
Thurs.	3:00-4:00	8-11

Fri.	4:30-5:30	9-12
Fri.	5:30-6:30	10-13
Sat.	2:30-3:30	9-11
Sat.	3:30-4:30	9-11
Sat.	4:30-5:30	11-14

Intermediate

<u>Day</u>	<u>Time</u>	<u>Age</u>
Mon.	3:00-4:00	10-13
Mon.	3:00-4:00	9-11
Mon.	4:00-5:00	9-12
Tues.	4:30-5:30	9-11
Tues.	5:30-6:30	9-13
Tues.	5:30-6:30	14-16
Wed.	3:00-4:00	8-10
Wed.	3:00-4:00	10-12
Wed.	3:00-4:00	11-14
Thurs.	3:30-4:30	8-11
Thurs.	3:30-4:30	12-14
Fri.	5:00-6:00	10-14
Sat.	2:30-3:30	9-11
Sat.	2:30-3:30	12-15
Sat.	3:30-4:30	9-11
Sat.	3:30-4:30	14-16
Sat.	4:30-5:30	11-14
Sun.	8:30-9:30	14-18

More Classes May Be Available.

At press time, there are still some court times available. That means we'll be adding classes to the preceding schedule, as they are needed to accommodate students.

Also, if you have a group we'll be happy to put together a permanent court time lesson – the sooner you call the more flexibility you'll find in scheduling.

Three Lesson Sessions.

- I: Mon 9/13 to Sun 12/5 = 12 wks
- II: Mon 12/6 to Sun 3/20 = 13 wks
- III: Mon 3/21 to Fri 5/27 = 9 weeks

Wait and Interest Lists. If none of the times on the schedule work for you, you may place your child's name on an interest list, without obligation.

As the published classes are filled, new classes are added to the schedule. If you are, for example, trying to schedule all of your children on the same day of the week, we suggest you enroll in whatever class is available and we'll put your 'ideal' time on the interest list with a note "instead of whatever class currently enrolled in".

Similarly, we suggest you put your child's name on the wait list for any already-filled class you prefer with a note "instead of whatever class currently enrolled in".

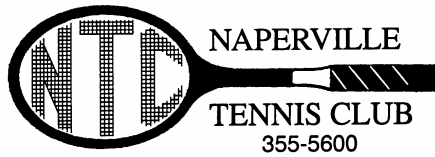
Registration. Registration is on a first-come, first-served basis. Realizing your desire to plan your activities as soon as possible, members may begin registration for classes in July, non-members in August. During the Summer we have shortened hours of weekdays 10-12 and Thursdays 5-8 p.m. Registration requests and any pre-season questions may be left on our answering machine at 355-5600. We will return your call promptly.

Member Lesson Prices: \$9.50/class for Sprouts, \$16/hour all other classes.

Member Private Lesson Prices: \$62/hour, available in ½ hour increments. Junior Membership: \$80/season.

Class Ratios: 5:1 Sprouts, 6:1 for all other classes.

Revision 1



Guidelines in Selecting a Class for Your Child

Generally, the class level one signs up for in the Fall one would stay with all year. Within a class individuals generally progress at about the same rate. Given our small class sizes the instructor can compensate for some variations in ability, particularly at the lower level classes because the instructor sets up each shot. If during the season, the instructor feels your child would get more out of a lower or higher level class, either our Head Pro or your child's instructor will contact you. Skill and coachability always supercedes age in placement. If you do have lesson concerns or questions relative to augmenting your child's class experience please feel free to discuss them with our Head Pro at any time.

Sprouts Recommended age: Mature 4 through 7

Pre-requisite: None.

Description: An introduction to the sport via the tennis court structured to utilize your child's developing motor skills, eye-hand coordination, balance, timing and patience. Basic running, chasing, balancing, transferring of weight, jumping and landing are transitioned into the basic strokes. Class ratio is 5 students to 1 coach on 1 court for one half hour to ensure not surpassing your child's interest span.

Advanced Sprouts Recommended age range: Mature 6 and 7

Pre-requisite: Sprouts or equivalent. Should be able to toss and catch the ball and have some success with bouncing a tennis ball with a racquet: both off the floor and into the air. At this stage players should be able to cooperate and remain attentive in a group setting.

Description: Same as Sprouts above. This class further develops the motor skills and eye-hand coordination skills used in tennis. Foot-work and coordination with basic strokes gains emphasis.

Beginner Recommended age: 8 & up

Pre-requisite: None. This class is for those who have never picked up a racquet to those with limited experience.

Description: This class focuses on stroke production and footwork, students work on getting the ball in play while demonstrating an understanding of the basics of form. Players are acquainted with the rules of tennis, scoring, and singles and doubles play. Students should be able to rally across the net several times by course ending.

Advanced Beginner Recommended age: 8 & up

Pre-requisite: Beginner or equivalent. The Advanced Beginner registrant should have had some tennis instruction and playing experience. The player should be able to perform a short rally from service line to service line and know the basics of groundstrokes, volleys and serves.

Description: This class addresses form, a complete swing, control and grips and introduces lobs, overheads and some specialty shots. Basic singles and doubles strategy is introduced. Game situations are integrated, making lots of fun! Placement and positioning are presented. Students in advanced beginners are able to serve with some consistency, rally (5 shots) from the baseline, volley in the general direction of a target, and are starting to understand court positioning. They begin experimenting with spin shots and begin playing some matches.

Low Intermediate Recommended age: 9 & up

Pre-requisite: Adv. Beginner or equivalent. Basic strokes' form has been achieved.

Description: Stroke form is reinforced and becomes consistent. More advanced stroke selection is made available for hitting with more depth and a more consistent return. Positioning, shot placement, footwork, serve consistency and strengthening the second serve are emphasized. Rhythm of ground strokes is achieved to accomplish rallies of 8 balls from the baseline. Follow through and spin becomes apparent on strokes. More play groups and opportunities become available to the student at this level.

Intermediate Recommended age: 10 & up

Pre-requisite: Low Intermediate.

Description: Consistency, moving ground strokes, placement and service return are worked on. Intermediate students should become very comfortable coming to the net during match play and playing with depth and angle. Doubles strategies should be acted out. Spin serves and rallies of duration (ten strokes with both forehand and backhand) can be seen. Many match weapons are being developed and players should be able to control placement of shots.